

# Employee Health Agreement for COVID-19 Symptoms

## Background

COVID-19 is a highly contagious viral illness that easily spreads through contact with others. Excluding sick employees from the workplace is one of the best defenses against community spread. This document is not a replacement for employee health and hygiene requirements in the Retail Food Law. Facilities are still required to restrict and exclude employees with symptoms of food-borne illnesses. Please consult the Food Code and the Gallatin City-County Health Department Environmental Health Office for more information on those requirements, if needed. This document is not a substitute for medical advice. If you have concerns about your health and COVID-19, please consult a medical provider.

## Agreement

### **I AGREE TO NOT WORK IF I HAVE ANY OF THE FOLLOWING:**

1. Coughing regularly
2. Difficulty breathing or shortness of breath

I understand that other symptoms may be associated with COVID-19. Other symptoms that should also be considered when determining whether to work:

- Fever, or feeling feverish (chills, warm forehead)—this does not have to be measured by thermometer, feeling feverish should be considered a fever.
- Muscle aches, chills, repeated shaking with chills
- Sore throat
- Headache
- New loss of taste or smell

### **I WILL ADHERE TO THE FOLLOWING GUIDELINES FROM THE GOVERNOR’S DIRECTIVE:**

1. Wash my hands with soap and water or use hand sanitizer, especially after touching frequently used items or surfaces, my face, or after blowing my nose or sneezing.
2. Avoid touching my face as often as possible.
3. Sneeze or cough into a tissue, or the inside of my elbow.
4. Disinfect frequently used items and surfaces as much as possible.
5. I will strongly consider using non-medical face coverings while in public, especially in circumstances that do not readily allow for appropriate physical distancing (E.g. distancing of six feet).

### **I UNDERSTAND THAT A DAILY SYMPTOM CHECK WILL BE REQUIRED BEFORE I BEGIN WORKING EACH SHIFT.**

\_\_\_\_\_  
Employee Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Owner or Operator

\_\_\_\_\_  
Date

This Document was published on April 28, 2020 to help establishments comply with the Governor’s Directive published on April 22, 2020. However, as new information on COVID-19 is discovered and Directives are adopted or modified, this document may be changed to reflect the most current information and Directives.

#### **Additional Resources:**

The Governor’s Directive can be found at: <https://covid19.mt.gov/joint-information-center>

Montana Retail Food Laws can be found at: <https://dphhs.mt.gov/publichealth/FCSS/RetailFood>

**Questions? Contact the COVID-19 call center at 406-548-0123 or [callcenter@readygallatin.com](mailto:callcenter@readygallatin.com)**