You have been diagnosed with COVID and will need to stay home until:

**COVID-19 FAQs**

My COVID-19 test result was positive. What now?

- Stay home to avoid exposing others to possible illness
- Do NOT leave your home except to get medical care
- If your symptoms worsen, contact your healthcare provider

You have been diagnosed with COVID and will need to stay home until:

- Ten days after symptoms appeared **AND**
- Twenty-four hours after no fever without the use of medication **AND**
- Your symptoms have improved
The Gallatin City-County Health Department is using an application called SARA-Alert to support you while in isolation. You will receive an email or text message from 844-957-2721 asking about your symptoms. Please make sure this number does not go to spam.

- Please report any new or worsening symptoms to SARA-Alert or the nurse checking in with you.
- Please call the COVID-19 hotline at 548-0123 if you need assistance.
- If your condition worsens, the Viral Triage Clinic at Bozeman Health is available for people with COVID-19. Please wear a face covering and identify that you have been diagnosed with COVID-19 so the healthcare team can take proper precautions.
- Stay away from other people and pets in your home, as much as possible.
- Use a separate bathroom, if possible.
- Wear a face mask at all times when you are around other people or pets.
- If you must care for pets, wash your hands thoroughly before and after.
- If you need to be in the same room with pets and other people, wear a face mask.
- If wearing a mask causes you difficulty breathing or other severe consequences, make sure that other people in the room wear face masks.
- Cover your mouth and nose with a tissue when you cough or sneeze, place the used tissue in a lined trashcan. Wash your hands right away with soap and water for at least 20 seconds or clean your hands with a nickel-size amount of alcohol-based hand sanitizer.
- Don’t share food, drinks, dishes, eating utensils, towels or bedding with other people or pets.
- Wash dishes, towels and bedding thoroughly and dry them on the hottest appropriate setting.
- Use household disinfectants to regularly clean high-touch surfaces, including counters, doorknobs, bathroom fixtures, toilets, phones, remote controls, keyboards, tablets and bedside tables.

healthygallatin.org/coronavirus-covid-19/