clean your breastpump
medela lactina/symphony

1. WHEN FINISHED PUMPING, DISCONNECT THE TUBING FROM THE BREAST SHIELDS.
2. KEEP PUMP RUNNING, THIS WILL DRY OUT CONDENSATION IN THE TUBES.
3. CAP AND STORE THE MILK *OR POUR IN A FREEZABLE MILK STORAGE BAG* AND BE CAUTIOUS TO NOT TOUCH THE MILK OR INSIDE OF BOTTLE/BOTTLE CAP/STORAGE BAG TO PREVENT BACTERIA FROM CONTAMINATING THE MILK.
4. DISASSEMBLE EVERY PIECE OF THE KIT (BREAST SHIELDS FROM CONNECTORS, CONNECTORS FROM VALVES, VALVES FROM MEMBRANES, CONNECTORS FROM BOTTLES).
5. RINSE ALL PARTS OF KIT IN COOL/WARM WATER TO REMOVE BREASTMILK.
6. WASH EACH PART IN HOT, SOAPY WATER USING DISH DETERGENT OR SPECIALIZED SOAP SPECIFICALLY FOR BREASTPUMP KITS. (MEMBRANES ARE SO SMALL, BE SURE NOT TO LOSE THEM DOWN THE DRAIN!)
7. ALLOW PARTS TO AIR DRY.

OPTIONAL: SANITIZE ALL PARTS BY BOILING THEM, PLACING THEM IN DISHWASHER, OR USING A SPECIALIZED PRODUCT, LIKE MICRO STEAM BAGS FOR THE MICROWAVE.

confused by the pump part names?
find the lactina/symphony kit content directory in with your pump information!