NATIONAL INSTITUTE FOR OCCUPATIONAL SAFETY AND HEALTH (NIOSH)

STAY SAFE WHEN WORKING WITH LEAD

Follow good hygiene practices

- Clean your work area throughout the day.
  - Use wet cleaning methods or a vacuum with a high-efficiency particulate air (HEPA) filter.
  - Never use compressed air or dry sweep.
- Wash your hands with soap designed to remove lead as soon as you can after cleaning up or working with lead.
- Avoid touching your face and mouth.

Personal Protective Equipment (PPE)

- Always wear and clean PPE properly
- Clean reusable PPE with lead-removing wipes or solution daily
- Replace items that become excessively soiled, like work gloves

Follow these steps to mitigate lead exposure

When you arrive at work	When you take breaks or eat	When you are leaving work
• Change into work clothes and shoes that stay at your workplace. • Store your clean clothes, shoes, and personal items in a closed plastic bag and in a place away from lead.	• Always wash your hands with soap designed to remove lead before you eat, drink, or smoke. • Only eat, drink, and smoke in approved places away from lead dust. • Never leave your workplace without cleaning up, even if just for a quick trip.	• Don't take home tools, scrap, and packaging that may have lead on them. • If showers are provided, always shower and wash your hair before leaving work. • If you can't shower at work, wash as much of your skin as you can with lead removal soap before going home. • Change into clean clothes and shoes upon leaving.

Did you know?

- Standard soap and water are not enough to completely remove lead dust from your skin or surfaces. Use NIOSH-Licensed lead removing wipes or soap to decontaminate your skin and/or work area.
- Toxic metals, including lead, can contaminate places outside of work such as your home or car potentially impacting the health of others.

HEALTHY GALLATIN